

Settling In at Daisy Nursery



We believe the process of starting nursery is very important whether your child is 3 months or 3 years old. Once your place has been confirmed we will invite you and your child to two complementary settling in visits. These visits are each for two hours long and are held in your child's suite and with your child's Key Person. Every child starting nursery is different and if you feel your child will benefit from an extended settling in process we will be able to suggest a way of building up sessions for example two settling in visits one week, then two morning sessions the following week, before moving to two full days the week after. This might work for some families, this doesn't work for everyone. You know your child best and we are very happy to either be led by you and your preferences, or happy to advise and support based on our experiences.

Starting nursery can be a very emotional process especially for a mother, this is to be expected and being prepared for these feelings will help you to adjust into the new routine. Give yourself and your child time to adapt and settle into our nursery family. Your Nursery Manager is always on hand to answer any questions at any stage and will work with you over the first few weeks to support you when dropping off your child.



Before your first settling in visit we suggest that you make as many notes as possible to aid the process of information sharing. Your child's Key Person will store these notes in your child's learning journey and this will give the team members in your child's suite a basic routine that your child is currently following, enabling them to better anticipate how your child is feeling. It is useful to share with us family names such as grandparents, friends or other relatives that may collect. The names of pets or comforters, the names your family use for body parts. If your child is toilet trained information such as do they sit or stand? Do they use the toilet or prefer a potty? Where we can be as similar as possible and offer familiar environments for your child it will promote their self-esteem and will ease the process of settling in. Your child's Key Person will strive to be consistent with you and using familiar words and phrases is all part of this process.





During your first settling in we ask you to stay and talk through all of your notes. This will enable us to start the process of getting to know your family and help us organise the nursery ready for your child. We will discuss weaning and food likes and dislikes as meals are a very important part of a child's day. We can adapt the meal timings to suit younger children for the first few weeks and we will purchase familiar organic baby foods or make baby food from the

meals our cook prepares. These small adjustments will make the settling in process much smoother for your child. We will ask you to tell us about any bottles of milk your child may need throughout the day, and how you wish us to prepare them. We will ask you about sleeping and ask how your child likes to nap and we will remind you what to bring on your child's first day; nappies, wipes, sleep bag (if preferred), comforters, spare clothes and outdoor clothing. We would very much appreciate it if you could label your child's belongings that will be coming to nursery to enable us to look after and ensure everyone takes home what is theirs!

We will also ask you to complete an "All About Me" form on behalf of your child. Once this is done we will suggest you leave and go off site for a little while. This sends the consistent message to your child from the start that all parents return to pick up. Then when you return you may have some more questions for us to answer. On the second settling in visit we encourage parents to leave quickly as this is less distressing for your child. Then stay and chat when you return to show your child you are comfortable within the nursery setting.

During the first few weeks feel free to ring during the day for an update. You will receive feedback at the end of your child's session from their Key Person and for children under 3 you will receive a day sheet to ensure you are kept fully informed of the day to day occurrences such as how your child has eaten, how many nappy changes they have had and at what times, how much milk they have drunk or how much sleep they might have had. We also include what your child has enjoyed doing that particular session as a little snippet to complement the in-depth verbal handover. Sometimes older children starting nursery like to be "helpers" in the office and being given special jobs like printing will further enhance their confidence and sense of belonging and help make them feel at home.

