

Winter Week 1	Snack	Dinner	Pudding	Afternoon Tea
Monday	A selection of seasonal fresh fruit	Sausage, mushroom and tomato pasta bake	Chocolate brownies with cream	Scrambled egg with toasted soldiers
Tuesday	A selection of seasonal fresh fruit	Vegetable risotto with garlic bread	Jam roly poly with homemade custard	Hearty winter vegetable soup with warm crusty rolls
Wednesday	A selection of seasonal fresh fruit	Shepherd's pie with root vegetables	Stewed fruit crumble and ice cream	Scones with a selection of savoury spreads
Thursday	A selection of seasonal fresh fruit	Seafood stir fry with egg fried rice	Warm vanilla sponge with homemade custard	Mini-pizza crumpets with toppings
Friday	A selection of seasonal fresh fruit	Roast dinner with all the trimmings	Fruit salad and yogurt dips	A selection of savoury sandwiches

Winter Week 2	Snack	Dinner	Pudding	Afternoon Tea
Monday	A selection of seasonal fresh fruit	Carbonara with a winter salad	Juicy Lucy pudding	Buffet sandwich fingers
Tuesday	A selection of seasonal fresh fruit	Beef lasagne with garlic bread	Fruit jelly with fresh fruit pieces and ice cream	Cheese and tomato puff delights
Wednesday	A selection of seasonal fresh fruit	Fisherman's pie with vegetables	Rhubarb and apple crumble with homemade custard	Minestrone soup with warm crusty bread
Thursday	A selection of seasonal fresh fruit	Chicken curry with rice and popadoms	Raspberry trifle	Potato cakes with spreads and cheese straws
Friday	A selection of seasonal fresh fruit	Chilli con carne and rice with beans and pulses	Traditional rice pudding	Macaroni cheese

Winter Week 3	Snack	Dinner	Pudding	Afternoon Tea
Monday	A selection of seasonal fresh fruit	Cornish pasty pie with mash potato and peas	Strawberry mousse with fresh fruit	Pitta pockets with pate and spreads
Tuesday	A selection of seasonal fresh fruit	Winter pork casserole with rice	Apple strudel with homemade custard	Cauliflower cheese served on toasted bread
Wednesday	A selection of seasonal fresh fruit	Farmhouse chicken with trimmings	Flapjacks and yogurt	Corned beef hash
Thursday	A selection of seasonal fresh fruit	Spaghetti and meatballs in Italian vegetable sauce	Sticky toffee pudding with homemade custard	Cheesy beans on toast
Friday	A selection of seasonal fresh fruit	Traditional jacket potatoes with tuna, beans and cheese	Bread and butter pudding	Frittata